YOUR PASSWORD PROTECTION GUIDE

USE A STRONG PASSWORD

The best password length according to the NSCS (The National Cybersecurity Centre) is a minimum of 12 characters. They recommend leveraging the three random words logic, with symbols and numbers for extra protection.

DO NOT WRITE YOUR PASSWORD DOWN

Avoid leaving your passwords in a place that is not secure, such as a notebook, post-it note, or a word document.

NEVER RE-USE A PASSWORD

If one of your accounts is breached it makes it very easy for a hacker to compromise other accounts with the same credentials, so therefore always use different passwords.

MULTI-FACTOR AUTHENTICATION

MFA requires you to verify your identity in more than one way, so if your password is compromised the authenticator will still keep you protected.

USE A PASSWORD MANAGER

A password manager makes using different passwords easy as it has the capability to generate new strong passwords as well as save your existing ones in a secure place.

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